

THE PUSH

Push Birth Partners (Push) Newsletter



Maternal Health Awareness: January 23rd

Recognizing Maternal Health Awareness Day

On January 23rd, Push stood in recognition of Maternal Health Awareness Day to raise awareness of maternal health while encouraging women, families, and providers to recognize and discuss potential signs of an emergency.

Several government officials continue to stand in support of maternal health initiatives while helping to bring attention to this public health crisis.

Senator Cory Booker:

“The exceptionally high rates of maternal mortality and morbidity are unacceptable in a nation that spends more on health care per capita than any other country in the world.”

Senator Bob Menendez:

“Maternal health must be a priority in this country and in our state.”

Then Senator, now Vice President, Kamala Harris:

“Maternal health in the United States is in a state of crisis,” said Sen. Harris. “We must have a sense of urgency in addressing this issue.”

Read more about the **resolution** introduced in Congress recognizing January 23 as Maternal Health Awareness Day.

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**"In every community, there is work to be done. In every nation, there are wounds to heal. In every heart, there is the power to do it."
-Marianne Williamson**



CREATING A CULTURE OF COMMUNITY

A message from Jacqueline

Dear Reader,

Welcome to The Push, the newsletter for Push Birth Partners (Push)! As we begin to settle into the new year, I would like to share an important aspect of who we are, as an organization, and as a people.

There is a particular “c” word that will always plague the year 2020. We are now in 2021, the start of a new decade (I know, depends on who you ask). If there is anything to learn from the events of last year is that COMMUNITY matters, in every sense of the word.

We are forever redefined. Let us challenge ourselves to be transformed by the experiences of others and those experiences that hit close to home. What we have all observed in recent months should sound the alarm, be the writing on the wall, the official stamp of approval—we are better together. This is the essence of creating a culture of community.

Once we arrive at this very conclusion it is then, and only then, we can truly congregate and consider our varying perspectives to build a sustainable pillar for the sake of humanity.

It is our commitment at Push to do just that, create an infrastructure of compassion, community, and care for women and moms-to-be. Because every birthing family deserves a trusted partnership; before, during, and after pregnancy.

With Gratitude,

Jacqueline McLeeland

Jacqueline McLeeland
Founder & President, Push



2021 VIRTUAL CHW SUMMIT

April 6 - 9, 2021

What is the Virtual CHW Summit?

Presented by Umemba Health LLC, the goal of the 2021 Virtual CHW Summit is to provide continuing education, professional development, and networking opportunities for Community Health Workers and Community Health Worker Instructors. The Virtual CHW Summit will help the CHW to sharpen skills, increase knowledge, improve competency, and deepen expertise. Held during National Community Health Worker week, April 6-9, the theme for Summit is "Elevating the Multidimensional Skillset of Community Health Workers"

The Summit will feature daily tracks:

- Day 1: Stories From The Front-Line
- Day 2: Health Equity For All
- Day 3: Professional Development for CHWs
- Day 4: Skill Development for CHW Instructors

Join this impactful virtual event!

Click Here for Tickets:

February 1st - 28th, \$15

After February 28th, \$30



UMEMBA HEALTH *Virtual CHW SUMMIT* APRIL 6-9, 2021 2021

Elevating the Multidimensional Skillset of Community Health Workers

Keynote Speakers

-  **Quisha Umemba, CEO, Umemba Health**
-  **Rodney C. Burris, Leadership Development Coach**
-  **Denise Hernandez, Ph.D, MPH, CHWI, Founder & President, DFW CHW Association**
-  **Amber Hinds, CEO, Equalize Digital**

Session Presenters

-  **Leonore Okwara, MPH, CEO, Public Health Research Consulting**
-  **Dr. Susan Stukes, Dentist & Integrative Health Coach, Sevalife**
-  **Deitra Dennis, RN, CEO, Full Circle Health Coaching**
-  **Tasha Whitaker, CEO, TWhitaker Enterprises**
-  **Alisa Howard, CHWI, CEO, Minority Health Consultants**
-  **Jacqueline McLeeland, MBA, CHW, Founder and President, Push Birth Partners**
-  **Kacey Creel, Co-Founder, Diversity in Diabetes**

www.virtualchws Summit.com



Board and Advisory

BUILDING RELATIONSHIPS. CHANGING COMMUNITIES.



Our team would like to extend a heartfelt thank you to everyone who reached out and expressed interest in our mission during the Board of Directors recruitment and selection process. Push is happy to announce the addition of new Board of Directors who bring varying, yet complementary, experiences and skills to the table.

This initiative is far bigger than any one person but, together, we can shift the current status of maternal health outcomes. Many thanks to our Board and Advisors not only as early supporters of Push, but for continuing to contribute their talents in health and service.



MEET THE TEAM



Push

OPPORTUNITIES

GET INVOLVED

DONATE

About Push

Push is a maternal health nonprofit, established in 2020 and received its 501(c)(3) designation during the COVID-19 pandemic.

We believe every birthing family deserves a trusted partnership and support system; before, during, and after pregnancy.

Recognizing the need for locally based interventions, cultural sensitivity and humility, quality improvement, and access to care, we aim is to build a supportive system, guided by human principles, for the improvement of maternal health experiences and outcomes.

Our commitment is to moms and moms-to-be, their health, and their holistic well-being.

Vision

A healthy birth experience for every woman, every child, and every family.

Mission

To partner with women and expectant families in Texas for improved maternal health outcomes.



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Core Values

Partnership

Is how we continue to build towards the goals we set forth. This does not mean always agreeing, but a commitment to work it out.



Unification

Makes us stronger individually and collectively. This is how we build sustainable communities.



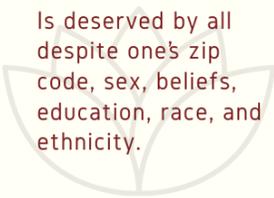
Support

Equips us with the tools and resources to achieve positive results.



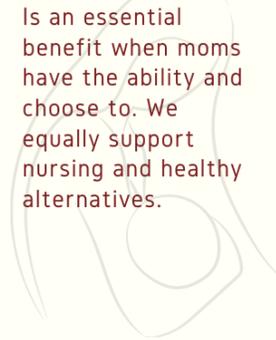
Health Equity

Is deserved by all despite one's zip code, sex, beliefs, education, race, and ethnicity.



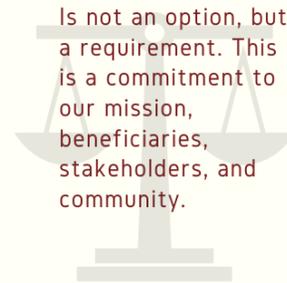
Breastfeeding

Is an essential benefit when moms have the ability and choose to. We equally support nursing and healthy alternatives.



Integrity

Is not an option, but a requirement. This is a commitment to our mission, beneficiaries, stakeholders, and community.



Respect

Is a fundamental principle and we hold our actions accountable that everyone is treated autonomously.



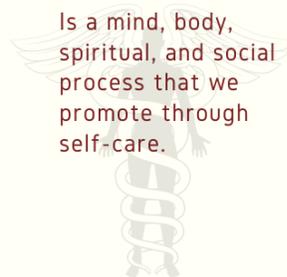
Timeliness

Means early access and responsiveness to the needs of moms-to-be; a critical component to maternal health services, prenatal care, and postpartum recovery.



Holistic

Is a mind, body, spiritual, and social process that we promote through self-care.



"TREBEK"

This unusual fruit, also known as "alligator pear" and has several health benefits when consumed by humans, contains a fungicidal toxin called persin. This toxin can be hazardous and even deadly when consumed by birds and other large animals, including some cats and dogs.

See Answer on Page 6





Retrospect: Objects in the Rearview

Written by Jay

It is said that hindsight is 20/20 and well, 2020 is in the rearview mirror. Yet I remember that objects in the rearview mirror are closer than they appear. Sadly, the lasting impacts of this past year will resonate with each of us for years to come. As hard as it is during the trauma to find that beacon of hope, let us not forget the journey that strengthens us along the way.

Is “normalcy” a thing of the past? Some ponder this thought while others embrace the change and a new normal. For me, an unforeseen career change at the onset of the pandemic gave me priceless moments with my wife and children, an experience I would not have had otherwise, working 60+ hours a week. COVID-19 gave many an opportunity to... **Continue Reading**

"TREBEK"

Answer: What is an Avocado?

